

**TITLE:** BREAKFAST WITH BUDDHA

**AUTHOR:** ROLAND MERULLO

**GENRES:** FICTION

**POSSIBLE THEMES AND CORRESPONDING OBJECTS:**

Road Trip: Finding the way home

- ~ Three Women, Bill Viola video (American artist who is into Eastern philosophies)
- ~ Tahitian Landscape, Paul Gauguin (Finding his paradise)
- ~ City Night, Georgia O'Keefe (a bit of a stranger in a strange land)
- ~ Billboard, Grace Hardigan (American "culture")
- ~ Pastoral Landscape, Claude Lorraine (finding your "happy place")
- ~ Amida Buddha (what is Buddhism?)
- ~ Yamantanka Mandala (the art of letting go)

**NOTES:** I gave this tour twice and had excellent participation. The book is an easy read but does not avoid the hard questions. Lots of humor and grace.

This could also be a spirituality tour or comparative religion tour or Buddhism. It is also about the choices we make as human beings so it could be a tour about making choices.

Joy Yoshikawa  
joy@thedesigncompany.com